

**Wisconsin Valley Conference
Girls Track & Field
Outdoor Meet Records (Through 2025)**

Event 1 Girls 4x800 Meter Relay Varsity	WVC	9:40.38	2010	Wausau East J Dimka, A Eckhoff, K Maguire, K Stine
Event 3 Girls 100 Meter Hurdles Varsity	WVC	14.94	2024	Megan Zemke - D.C. Everest
Event 5 Girls 100 Meter Dash Varsity	WVC	12.15	2017	Brooke Jaworski - Wausau West
Event 7 Girls 1600 Meter Run Varsity	WVC	4:57.33	1985	Suzy Favor - Stevens Point
Event 9 Girls 4x200 Meter Relay Varsity	WVC	1:44.10	1977	D.C. Everest Prohaska, Vanlieshout, Blaskowski, Dehann
Event 11 Girls 400 Meter Dash Varsity	WVC	53.62	2021	Roisin Willis - Stevens Point
Event 13 Girls 4x100 Meter Relay Varsity	WVC	48.80	1977	D.C. Everest Prohaska, Vanlieshout, Blaskowski, Dehann
Event 15 Girls 300 Meter Hurdles Varsity	WVC	44.43	2024	Maci Heise - Wausau West
Event 17 Girls 800 Meter Run Varsity	WVC	2:17.20	1984	Wendy Schuster - Wausau West
Event 19 Girls 200 Meter Dash Varsity	WVC	24.43	2017	Brooke Jaworski - Wausau West
Event 21 Girls 3200 Meter Run Varsity	WVC	10:49.12	2023	Sara Mlodik - D.C. Everest
Event 23 Girls 4x400 Meter Relay Varsity	WVC	4:05.70	2002	Wausau West Lloyd, Anderson, Tipple, Fifield
Event 25 Girls Pole Vault Varsity	WVC	11-02	2012	Grady Keding - D.C. Everest
Event 27 Girls High Jump Varsity	WVC	5-05	1980	Laura Meeks - Wis Rapids
	WVC Tie	5-05	1984	Cheri Dilahunt - Antigo
	WVC Tie	5-05	1994	Jessie Wilson - Stevens Point
Event 29 Girls Long Jump Varsity	WVC	18-07.50	1978	Carla Wasniewski - Stevens Point
	WVC Tie	18-07.50	2018	Brooke Jaworski - Wausau West
Event 31 Girls Triple Jump Varsity	WVC	37-02	1994	Jenny Imm - Wausau West
Event 33 Girls Discus Throw Varsity	WVC	167-10	2021	Danni Langseth - D.C. Everest
Event 35 Girls Shot Put Varsity	WVC	44-09.50	2021	Danni Langseth - D.C. Everest